



PROGRAM SCHEDULE

Friday, March 3, 2023 3 CEUs

10:00 – 2:00 PM	NYSANA Board of Director’s Meeting
3:00 – 7:00 PM	Exhibitor Set-up
3:00 – 7:00 PM	Registration Desk, Lobby
4:00 – 6:00PM	<p>CPC Preparatory Review Course Katie Cooper, MS, CRNA, APN</p> <p>Join Katie Cooper with CRNA Partners and kick-off your recertification with a review of applied clinical pharmacology, human physiology and pathophysiology.</p>
6:15 – 7:15PM	<p>The Effects of Expectation on Pain Pathways Matthew Zinder CRNA</p> <p>Communication is a powerful tool that can assist us to create profound physiological outcomes in our patients. This talk will discuss how the way we communicate with our patients can create outcomes, both positive and negative, including changing the pain pathway and some strategies to improve this.</p>
7:15 – 8:15 PM	<p>All-Exhibitor Welcome Reception, Hilton Hotel, Mystic, CT Sponsored by NYSANA Exhibitors</p> <p>Join all NYSANA vendors and partners for a Welcome Reception in the exhibitor hall, first floor. Food and drink courtesy of the NYSANA exhibitors</p>

Saturday, March 4, 2023 8 CEUs (includes posters)

7:00AM – 5:00 PM	Registration Desk, Lobby
7:00 – 8:00 AM	Breakfast with Exhibitors + Posters
8:00 – 9:00 AM	<p>AANA Update Erik Rauch MS, CRNA, Region 1 Director</p>
9:00 – 10:00 AM	<p>The “Dirty Truth” about Opioids and the Rise of the Multi-modal Analgesia Nancy Moriber PhD, CRNA</p>
10:00 – 10:30 AM	Break with Exhibitors+Posters
10:30 – 11:30 AM	<p>Advanced Assessment using POCUS Calin Calabrese, CRNA</p>
11:30 – 12:30PM	CTANA Update & Meeting / NYSANA Lunch with Exhibitors + Posters
12:30 – 1:30 PM	NYSANA Update & Meeting / CTANA Lunch with Exhibitors + Posters
1:30 – 2:30 PM	<p>Anesthetic Management for the Parturient on Medication Assisted Treatment Therapy Undergoing Elective Cesarean Delivery Kelly Buoniconti, DNAP, CRNA</p>
2:30 – 3:30 PM	Student / Resident Presentations: Current Topics and Research in Anesthesia

	<p>TOPICS INCLUDE</p> <p>Perineural Administration of Dexamethasone as Nerve Block Adjunct Alexis Marsico, BSN, RN Fairfield University</p> <p>Integrating the H₂FPEF Score into the Anesthesia Preoperative Assessment to Identify Patients at Risk for HFpEF: A Systematic Review, Brittany A. Maffei BSN, RN and Alicia M. Rainville BSN, RN Central Connecticut University</p> <p>The Sitting Position: Effects and Complications Ryan Houlihan, BSN, RN, CCRN, Central Connecticut University</p>
3:30 – 4:00 PM	Break with Exhibitors + Posters
4:00 – 5:15 PM	<p>Student / Resident Research Presentations, continued</p> <p>Rapid Review of the Effect of Marijuana use on Propofol Administration Meghan Palmer, BSN, RN Katlyn Hill, BSN, RN Kora Andrew, BSN, RN Albany Medical College</p> <p>Integration of Diversity into Nurse Anesthesia Practice Michael Pereira, BSN, RN University at Buffalo</p> <p>Student Nurse Anesthetists Participate in Medical Mission Trip to San Cristóbal, Ecuador Amy Heisinger, BSN, RN Jasmeet Mahandru, BSN, RN Caitlin Dowd, BSN, RN Kyle Faugno, Quinnipiac University</p> <p>Malignant Hyperthermia Susceptibility (MHS): When an Ounce of Prevention Is Worth a Pound of Cure Meredith Palios, BSN, RN</p>
5:30PM	First bus to leave for Casino (please sign up at registration)
5:45PM	Second Bus to Leave for Casino (please sign up at registration)
6:15PM	Third Bus to Leave for Casino (please sign up at registration)
6:00PM – 8:00PM	Dinner on your own, Mohegan Sun Casino
8:00PM – 9:00PM	Bowling Event at GameON! At Mohegan Sun Casino, Game, food and drink tickets Sponsored by Northwell Health
9:30 PM	First Bus leaving for return trip to Hotel (please sign up at registration)
10:00PM	Second Bus leaving for return trip to Hotel (please sign up at registration)
11:00PM	Last Bus leaving for return trip to Hotel (please sign up at registration)

Sunday, March 5, 2023 4 CEUs

7:00 – 10:00 AM	<p>Registration Desk, Lobby</p> <p>Hotel checkout</p>
7:00 – 8:00 AM	Breakfast and Posters in Exhibit Area
8:00 – 9:00 AM	<p>Patient Safety in the Operating Room</p> <p>Steve Belmont DNP, CRNA and Leigh Taylor DNP, CRNA</p>
9:00 – 10:00 AM	<p>The Physiology of Sleep</p> <p>Matt Zinder, CRNA</p> <p>This talk discusses definitions of sleep, the purpose of sleep, sleep stages, and the repercussions of sleep deprivation on each human system. All topics are discussed through a physiological framework to better understand how sleep affects all</p>

	<p>systems, both positive and negative, depending on how much one gets. This talk also addresses healthcare provider health and wellness and how sleep can improve or worsen this paradigm.</p>
10:00 – 10:15 AM	<p>Break MOBILE GAME winner announcement (you must be present to win)</p>
10:15 – 11:15 AM	<p>Stress Management for Healthcare Providers Matt Zinder, CRNA</p> <p>Healthcare providers live in a culture where they are taught to only take care of others and not themselves. This talk will discuss the necessity to change that culture from a physiological and pathophysiological standpoint and gives strategies to improve this paradigm.</p>
11:15 – 12:15 PM	<p>Best Practices with Transgender Care and Non-Binary Patients Robin McHaelen, MSW Robin P. McHaelen, MSW is the founder and previous Executive Director of True Colors, Inc. Learn more about Robin and True Colors</p>
1:00 – 4:00PM	<p>OPTIONAL AHA Recertification, worth up to 10 CEUs. Learn more and register at CRNAACLS.com, click Book Now and scroll down for course (marked with Blue Dot)</p>