



Friday, April 29 - Sunday, May 1

IN-PERSON AND VIRTUAL ATTENDANCE

The Hilton Albany

40 Lodge Street | Albany, NY 12207

Full schedule and registration
open at nysana.com

NYSANA/CTANA Spring Educational Meeting – Program Schedule

This schedule is subject to change.

Friday, April 29, 2022

3:00 – 7:00 PM	Exhibitor Set-up
3:00 – 7:00 PM	Registration Desk, Lobby
4:00 – 8:00 PM	BLS/ACLS/PALS Certification Workshop , Meta Mangulis, 4 CEUs *Optional. \$350 per person Light dinner will be provided
5:00 – 8:00 PM	Ultrasound Guided Block Workshop We are thrilled to offer an in-person, ALL CRNA experience of an Ultrasound Guided Block Workshop, featuring approved applications of <i>Exparel</i> , presented by Jonathan Kline CRNA and faculty from Twin Oaks Anesthesia. Special thanks to the educational funding provided by Pacira BioSciences, Inc. This workshop is an opportunity for tip of the spear instruction in extended pain relief through ultrasound guided regional anesthesia techniques. This event is complimentary for AANA member CRNAs with full-conference registration. Gain hands-on experience and grow your anesthesia knowledge through this blended didactic and hands on ultrasound workshop. Twin Oaks offers the most recent and up-to-date ultrasound instruction available. Market value for this type of course from Twin Oaks is \$600, so we are thrilled to be able to bring this training to our New York and Connecticut members free of charge. A light dinner will be included. Professional growth through ultrasound is expected but no CEs can be offered. There is no cost for this event, but space is limited. Please indicate your commitment to attending when registering. Member CRNAs are given first priority, but a waitlist is forming for students.
7:30 – 8:30 PM	Welcome Reception, Dessert and Drinks, Hilton Hotel Sponsored by NAPA Anesthesia

Saturday, April 30, 2022

7.5 CEs*

7:00AM – 5:00 PM	Registration Desk, Lobby
7:00AM	Exhibitor Tables Open
7:00 – 8:00 AM	Breakfast; Exhibitors Available
7:00- 7:45 AM	Wellness Walk through Historic Albany
8:00 – 9:00 AM	Anatomy and Physiology of Pain (1 CE) Tom Baribeault, MSN, CRNA

	Gain a basic understanding of the normal anatomy and physiology of the nervous system as it pertains to acute surgical pain and the neuroplastic changes to this system that surgery causes and leads to post-operative pain.
9:00 – 10:00 AM	Local Toxicity (1 CE) Tom Baribeault, MSN, CRNA Local Anesthetic Systemic Toxicity (LAST) is a life-threatening complication caused by overdose of local anesthetics. This lecture will describe the pathophysiology of LAST, how to avoid it, and how to treat it if it does occur.
10:00 – 10:30 AM	Break & Exhibitors
10:30 – 11:30 AM	Anesthetic Management in a Highly Opioid Tolerant (HOT) Patient (1CE) Tom Baribeault, MSN, CRNA Chronic pain, chronic opioid use, and medication-assisted therapy for opioid addiction all make acute surgical pain more difficult to treat using traditional anesthetic methods. This lecture will teach the participant how to provide adequate analgesia to these complex patients.
11:30 – 12:15 PM	Lunch & Exhibitors
12:15 – 1:15 PM	Name that Receptor; A Review of Receptor Actions in Drugs Used in Anesthesia (1 CE, 1 Pharm) Dr. Debbie Barber, DNP, CRNA Receptors lie at the heart of pharmacology and pharmacology is the basis for anesthesia. This lecture reviews receptor actions for drugs routinely used in anesthesia.
1:15 – 2:15 PM	Dopamine; Mind Control and More (1 CE, 1 Pharm) Dr. Debbie Barber, DNP, CRNA Dopamine is a neurotransmitter that regulates many important functions in the body. It is involved in motor control, nausea and vomiting, motivation, reward, arousal and addiction. The anesthesia provider should understand the various roles dopamine plays in the body along with the affect on anesthesia.
2:15 – 2:45 PM	Break & Exhibitors
2:45 – 3:45 PM	NYSANA Legislative Update & Business Meeting (.5 CE) Giovanna Mahar, CRNA, President of NYSANA Learn about pending legislation in New York State and how members can advocate for the CRNA profession. Participate in the business of NYSANA through the NYSANA update.
3:45 – 4:45 PM	Neuraxial Analgesia for Labor and Delivery (1 CE) Dr. Kristie Hoch, DNP, CRNA, MS, RRT Obstetric analgesia is an important aspect of providing comfort for a laboring parturient and possible surgical intervention. This course reviews the methods of providing analgesia and complications of such methods.
4:45 – 5:45 PM	Anesthesia Jeopardy! (1 CE) Dr. Kristie Hoch, DNP, CRNA, MS, RRT Test your knowledge in preparation for the recertification exam. This will be a fun way to review airway, pharmacology, anesthesia machine, non-operating room anesthesia, obstetrics, pediatrics, regional anesthesia, neuraxial anesthesia, co-existing diseases and pathophysiology.
6:00 – 8:00 PM	SRNA Pub Night and Anesthesia Trivia Sponsored by Core Concepts and NAPA Anesthesia
6:00 – 8:30 PM	Dinner Break Check meeting app for dinner suggestions.
8:30 – 10:30 PM	Axe Throwing @ FarShot Albany 69 N. Pearl Street, Albany *Must register. \$40 per person for axe throwing, coaching, and friendly competition.

	We've rented the whole place! Join us after dinner for a fun and casual evening and friendly competition. Northwell Health is sponsoring an evening reception for all, so please join us even if you don't wish to throw axes. The venue is an easy walk from the hotel.
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Sunday, May 1, 2022

*3.5 CEs**

7:00 – 10:00 AM	Registration Desk, Lobby
7:00 – 8:00 AM	Breakfast Open, Exhibitors available
7:30 – 8:00 AM	AANA Update to the Membership (.5 CE) Erik Rauch, DNP, CRNA, Regional Director, AANA The presentation will include the AANA membership demographics and provide an update on current issues affecting the AANA and the nurse anesthesia profession. The AANA update will provide information on the value of membership and the support for services for state associations and members.
8:00 – 9:00 AM	Propofol; The Good, the Bad, and the Ugly (1 CE, I Pharm) Matt Zinder, CRNA, MS, CH There is little that the average anesthesia provider does not know about Propofol. This talk discusses some of the little-known facts that may be interesting to the provider like history, some pitfalls, and the abuse potential of the drug.
9:00 – 9:30 AM	Break with Exhibitors
9:30 – 11:30 AM	Interactive Workshop: Stress Management for Healthcare Providers (2 CE) Matt Zinder, CRNA, MS, CH As healthcare providers, we are trained to take care of others, but not ourselves. In an age where nurses are lauded as heroes, Matt will demonstrate the real effects, emotional, psychological and pathophysiological, on healthcare providers who take on an "everyone else first" mentality. Together, attendees will learn to prioritize their own well-being and practice techniques to lessen the real effects of stress.
11:30AM	Announcement of Spring Meeting Challenge Winners We will announce winners of our Spring Meeting Challenge at this time. See Game rules and prizes in meeting app, opening on 4/28/2022 (In-person registrants must be present to win; Virtual attendees must be online to claim prize)

*CEs are pending approval