



# Bridging Evidence and Research to Clinical Practice

## Fall Educational Meeting

Sonesta Hotel, 66 Hale Ave, White Plains, N.Y.

Friday, September 29  
Sunday, October 1, 2023

Full schedule and registration open at [NYSANA.com](http://NYSANA.com)

### Up to 19 CEUs

*Agenda subject to change*

#### **Friday, September 29, 2023 (9 CEUs), in-person only**

Friday's lecture and workshop is a *conference add-on*, open to all CRNA conference attendees for \$799 (\$699 early-bird discount through August 27, 2023). Space is limited and first-come, first-served. Please register early.

Registration opens at 7:00 am

8:00 – 5:00 pm	<b>Hands-on Regional Workshop with Twin Oaks</b> <i>Plaza Ballroom</i> 4 hours of lecture and 4 hours of hands-on experience. Gain experience with upper extremity, lower extremity and truncal blocks as well as needle guidance and placement.
5:30 – 6:30 pm	<b>Erik Rauch, DNP, MBA, CRNA, NSPM-C</b> <i>Plaza Ballroom</i> Intrathecal Hydromorphone for Cesarean Sections
6:30 – 7:30 pm	<b>Welcome Reception for all attendees</b> <i>Mix Restaurant</i>

#### **Saturday, September 30, 2023 (6 CEUs), in person & virtual options available**

Registration open from 7:00 am – 4:00 pm

7:00 am	<b>Registration Opens</b>
7:00 - 8:00 am	<b>Breakfast with Exhibitors</b> <i>Pool Patio</i>
8:00 - 9:00 am	<b>Jonathan Kline</b> <i>Plaza Ballroom</i> Fundamentals of gastric ultrasound
9:00 – 10:00 am	<b>NYSANA/AANA Update (1 CE)</b> <i>Plaza Ballroom</i> Sean McGarry, MS, CRNA, ACNP NYSANA President 2022-2023 Erik Rauch, DNP, MBA, CRNA, NSPM-C, AANA Treasurer
10:00 – 10:30 am	<b>Break with Exhibitors</b> <i>Pool Patio</i>
10:30 - 11:30 am	<b>Jonathan Kline</b> <i>Plaza Ballroom</i> Fundamentals of the INTRAPEC injection for intra operative and post-operative targeted spasm control of the pectoralis major muscle following sub pectoral implantation
11:30 am - 12:30 pm	<b>Edwin Aroke</b> <i>Plaza Ballroom</i> Understanding the Interplay Between Pain Disparities and Epigenomics
12:30 - 1:30 pm	<b>Lunch with Exhibitors</b> <i>Pool Patio</i>
1:30 - 2:30 pm	<b>Edwin Aroke</b> <i>Plaza Ballroom</i> Epigenetic age predicts chronic pain conditions: what can you do about it?
2:30 - 3:30 pm	<b>NYSANA Annual Meeting</b> <i>Plaza Ballroom</i>
3:30 - 4:00 pm	<b>Break with Exhibitors</b> <i>Pool Patio</i>
4:00 - 5:00 pm	<b>Angela Mund</b>

	<i>Plaza Ballroom</i> Anesthesia Trivia: What I Forgot Since Anesthesia School
5:00 – 6:00 pm	<b>Oktoberfest beer &amp; food pairing</b> <i>Larchmont</i> Sponsored by Northwell Health Anesthesia

**Sunday, October 1, 2023 (4 CEUs)**

Registration open from 7:30 – 11:15 am

7:30 am	<b>Registration Opens</b>
7:30 - 8:00 am	<b>Continental Breakfast</b> <i>Pool Patio</i>
8:00 - 9:00 am	<b>Angela Mund</b> <i>Plaza Ballroom</i> Show Me the Evidence: Defining Evidence-Based Practice
9:00 - 10:00 am	<b>Bonjo Batoon</b> <i>Plaza Ballroom</i> Hemostatic Resuscitation
10:00 – 10:15 am	<b>Break</b> <i>Pool Patio</i>
10:15 am - 11:15 am	<b>Bonjo Batoon</b> <i>Plaza Ballroom</i> Neuro trauma anesthesia
11:15 - 12:15 pm	<b>Kathryn Savery, Daniel Waskiewicz, and Shana Rae Parkins</b> <i>Plaza Ballroom</i> Goldie Brangman Winners 2023