CURRICULUM VITAE

Giovanna M. Mahar, CRNA, DNAP

Office Address: Albany Medical College

Center for Nurse Anesthesiology MC - 68

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Home Address: 67 Kent Place

Wynantskill, New York 12198 Telephone: (518) 326-3983 E-mail: gtmahar@yahoo.com

LICENSURE: New York State RN # 536105-1

AANA # 083344

Current BLS, ACLS, and PALS provider Current BLS, ACLS, and PALS instructor

RECERTIFICATION: CRNA recertification 2011 to present

New York State RN recertification 2003 to present

EDUCATION: Siena College, 1997

Hudson Valley Community College, 1998-2001

State University of New York at Buffalo, School of Nursing,

Bachelor of Science in Nursing, 1998-2001

Albany Medical College, Center for Nurse Anesthesiology, Master

of Science, 2007-2009

Virginia Commonwealth University, DNAP

May 2015-May 2017

PRESENT POSITION: Assistant Center Director

Nurse Anesthesiology Program

Albany Medical College, Center for Nurse Anesthesiology

Albany, New York July 2016-present

PREVIOUS POSITION: Assistant Clinical Director

Nurse Anesthesiology Program

Albany Medical College, Center for Nurse Anesthesiology

Revised 11-23-2021

Albany, New York July 2013-July 2016

Staff Nurse Anesthetist, Albany Medical Center Albany, New York January 2010 to Present

Staff Nurse Anesthetist, Berkshire Medical Center Pittsfield, Massachusetts
December 2009 to December 2015

FACULTY APPOINTMENTS:

Associate Professor Albany Medical College 2020-present

Assistant Professor Albany Medical College 2015-2020

CENTER ROLES:

Assistant Center Director Center for Nurse Anesthesiology 2016-Present

Academic Coordinator-Year 2 Center for Nurse Anesthesiology 2016-present

Assistant Clinical Graduate Director Center for Nurse Anesthesiology 2013 to 2016

Clinical and Didactic Instructor Albany Medical College July 2013 to 2015

FACULTY MEMBER LECTURES:

ANES 500: Principles of Anesthesiology Course Director

Lectures:

- The Specialty Practice of Nurse Anesthesia
- Types of Anesthesia
- The History of Nurse Anesthesia
- Anesthetic Pharmacology I- Inhalation Agents
- Anesthetic Pharmacology II IV Agents
- Anesthetic Pharmacology III- Neuromuscular Blocking Agents

- Accruing & Documenting Anesthetic Data/Anesthesia Charting & Billing
- Preparing for Anesthesia I- Managing the Airway
- Preparing for Anesthesia II- Patient Assessment
- Anesthetic Machines and Equipment I & II
- Anesthetic Management II The Pediatric Patient
- Anesthesia Machine In-service

ANES 507B: Pharmacology for Advanced Clinical Practice Lectures:

- Pharmacology of Neuromuscular Blocking Agents
- Pharmacology of Inhalation Agents
- Pharmacology of Intravenous Anesthetics

ANES 518 Principles of Advanced Nurse Anesthesiology Practice Course Director

Lectures:

- Management of Fluids and Electrolytes
- Anesthesia Considerations for Pediatrics

ANES 512A Physiology/Pathophysiology for Advanced Clinical Practice

Lectures:

- Clinical Correlation: Myasthenia Gravis
- Clinical Correlation: Managing a Patient with Abnormal Hemostasis

ANES 513A & B Health Assessment for Advanced Clinical Practice

Assistant Course Director

Lectures:

- Anesthesia for Vascular Diseases across the lifespan
- Anesthesia for Gastrointestinal Diseases I: GERD, Esophageal disorders, Peptic Ulcer Disease
- Anesthesia for Gastrointestinal Diseases II: Carcinoid syndrome, Bowel obstruction, IBS and Ischemic Bowel disease

ANES 515 Research Techniques and Nurse Anesthesia Practice Lectures:

- Oualitative Research
- Quantitative Research

ANES 600 Advanced Principle of Anesthesia Management for Advanced Clinical Practice

Course Director

Lectures:

Non-obstetric Surgery in the Parturient

Pediatric Ambulatory Anesthesia

ANES 604 Advanced Practice Seminar and Current Topics in Nurse Anesthesiology

Course Director

Lectures:

- Coagulation and Hemotherapy
- Herbal Medications
- Immune System & Anesthetic Implications

CONTRIBUTING FACULTY MEMBER:

ANES 503L, 504L, 604L and 607L: Low & High-Fidelity

Simulations

ANES 501 Research Project Mentor

PAST PROFESSIONAL EXPERIENCE:

Staff Nurse, Surgical Intensive Care Unit, Albany Medical Center

Hospital

June 2001- August 2009

PROFESSIONAL SOCIETY MEMBERSHIP

AND ACTIVITIES: American Association of Nurse Anesthetists, 2009 – present

New York State Association of Nurse Anesthetists,

(NYSANA) 2009 – present

Immediate Past President,

10/2022-10/2023

President,

10/2021-10/2022

Vice President,

4/2021-10/2021

COVID-19 Task Force,

2020 - 2022

Board of Directors,

2019 – present

Government Relations Committee,

2019 – present

Public Relations Committee, 2019 – 2022

Education Districts Committee, 2019 – present

NYSANA, Capital District, 2009 – present

NEANA, 2009 – present

New England Assembly of School Faculty (NEASF), 2013 – present; Secretary, 2018-Present

COMMITTEES:

Albany Medical Center Hospital:

Quality Improvement Team/Operating Room Committee 2014-2017

<u>Center for Nurse Anesthesiology</u>: Student/Faculty Forum Committee 2013- present

CNA Admission Committee 2013- present

Graduate Student Awards Committee 2013- present

Albany Medical College: Campus Safety Committee 2013-2016

Executive Committee 2016-present

Graduate Studies Organization Committee 2016-present

Disabilities Accommodations Committee 2016-present

Wellness Committee 2016-present

Curriculum Committee 2018-present

Sosa Award Selection Committee

2019-present

Graduate Student Research Mentor:

Collins, Sarah. (2014) <u>The Efficacy of Adductor Canal Block Compared to Femoral Nerve Block in Total Knee Arthroplasty</u>. Unpublished Master Thesis.

Reck, Geoff. (2014) <u>Attenuating the Hemodynamic Effects of Direct Laryngoscopy and Tracheal Intubation when comparing the use of Fentanyl versus Esmolol</u>. Unpublished Master Thesis.

Davis, Richard. (2015) <u>The Use of Ketamine in Traumatic Brain Injuries in a Combat Theater.</u> Unpublished Master Thesis.

Straigis, B. Jason. (2015) <u>The Use of Intraosseous Access as an Intermediate Option with IV Access Failure in Anesthesia.</u> Unpublished Master Thesis.

Van Etten, Brett. (2015) <u>Effects of Propofol and Ketamine vs. Propofol and Opioids Respiratory Depression in Adults Undergoing MAC Anesthesia.</u> Unpublished Master Thesis.

Waters, Crystal. (2015) <u>Inhaled Nitric Oxide and the Reduction of Right</u>
<u>Heart Failure in Patients with an Implanted Left Ventricular Assist</u>
Device. Unpublished Master Thesis.

Ghazanfar, Mustafa. (2016) <u>The Effects of Volatile Anesthetics on REM Sleep Homeostasis.</u> Unpublished Master Thesis.

Kapusniak, Monika. (2016) <u>Preoperative HbA1c in Nondiabetic Patients Undergoing Elective Non-Cardiac Surgery as an Indicator of Postoperative Morbidity and Mortality.</u> Unpublished Master Thesis.

Knight, Patrick. (2016) <u>The Effect of Remote Ischemic Preconditioning on Acute Kidney Injury in Patients Undergoing Cardiac Surgery.</u> Unpublished Master Thesis.

Pieper, Gregory. (2016) <u>Lung Protection during Mechanical Ventilation in General Anesthesia</u>. Unpublished Master Thesis.

<u>Sullivan, Kelsey. (2016) The Influence of Production Pressure on Patient Safety in the Operating Room.</u> Unpublished Master Thesis.

Crandall, Rashmi. (2017) <u>Prophylactic Ondansetron in Attenuating Spinal-Induced Hypotension and Bradycardia.</u> Unpublished Master Thesis.

Grable, Natalie. (2017) <u>The Pharmacodynamic Effects of the Single Nucleotide Polymorphism A118G on the μ-1 Opioid Receptor and its</u>

Relationship with Perioperative Morphine Consumption in Adults Undergoing Abdominal Surgery. Unpublished Master Thesis.

Lange, Clinton. (2017) <u>First Attempt Success in Radial Artery Catheter Cannulation Using Ultrasound Compared to Traditional Techniques.</u> Unpublished Master Thesis.

Tran, Vanessa. (2017) <u>Ketorolac Administration and Bleeding in the Neurosurgical Patient</u>. Unpublished Master Thesis.

Garafalo, Nicolas. (2018) <u>Effects of Perioperative Ketorolac on the Incidence of Postoperative Hematoma in Breast Surgery</u>. Unpublished Master Thesis.

Guernsey, Timothy. (2018) <u>Incivility and the Healthcare Student.</u> Unpublished Master Thesis.

McKelvey, Kyle. (2018) <u>The Intraoperative Use of High Positive End Expiratory Pressure and Recruitment Maneuvers During Major Abdominal Surgery.</u> Unpublished Master Thesis.

Sari, Alba. (2018) <u>Utilizing an Enhanced Recovery After Surgery Protocol in Primary Hip and Knee Arthroplasty.</u> Unpublished Master Thesis.

Stevens, Catherina. (2018) <u>Hereditary Angio-edema in the Perioperative Setting.</u> Unpublished Master Thesis.

Tram, Vinh. (2018) <u>Music Therapy: A Non-Pharmacological Approach to Anxiety Reduction in Surgical Patients.</u> Unpublished Master Thesis.

Andrews, Adam. (2019) <u>Remifentanil's Effects on the Surgical Stress</u> <u>Response.</u> Unpublished Master Thesis.

Fisher, Morgan. (2019) <u>The Effect of Dexmedetomidine on Emergence Delirium in Pediatric Patients.</u> Unpublished Master Thesis.

Jacob, James. (2019) <u>Frailty as a Predictor of Post-Operative Outcomes.</u> Unpublished Master Thesis.

Markland, TakiyahAyana. (2019) <u>The Effects of Memantine on Pain Relief.</u> Unpublished Master Thesis.

Lachance, Eloise. (2020) <u>Integrity and Performance of N95 Respirators</u> <u>Following Decontamination for the Purpose of Reuse.</u> Unpublished Master Thesis.

Manacop, Keren Rae. (2020) <u>Efficacy of Ondansetron in Mitigating</u> <u>Spinal and General Anesthesia Induced Hypotension.</u> Unpublished Master Thesis.

No, Kyung Moon. (2020) <u>The Use of Electrical Impedance Tomography to Guide PEEP Determination.</u> Unpublished Master Thesis.

Waters, Samantha. (2020) <u>Effects of Music Therapy on Perioperative Anxiety During Awake Anesthesia.</u> Unpublished Master Thesis.

Montgomery, Ellington & Zajac, Charles. (2021) <u>Virtual Reality</u> <u>Distraction Therapy to Reduce Procedural Pain and Anxiety in Pediatric Patients.</u> Unpublished Master Thesis.

GUEST LECTURER:

March 2012, Region 1 Meeting for the American Society of Anesthesia Technicians and Technologists

September 2014, NYSANA Fall Meeting. BLS, ACLS and PALS refresher course.

September 2015, NYSANA Fall Meeting. BLS, ACLS and PALS refresher course.

September 2016, NYSANA Fall Meeting. BLS, ACLS and PALS refresher course.

September 2017, NYSANA Fall Meeting. BLS, ACLS and PALS refresher course.

September 2019, NYSANA Fall Meeting. BLS, ACLS and PALS refresher course.

Publications:

"Full practice authority in Veteran's healthcare," Hudson 360, Nov 2021

"The importance of safe anesthesia during dental care," DentistryToday.com, Feb 2022

Journal Reviewer:

Primary and secondary reviewer for the *International Student Journal of Nurse Anesthesia*. 2014-Present.

International Student Journal of Nurse Anesthesia. Adenosine to Treat Ventricular Dysfunction after Cardiopulmonary Bypass.

International Student Journal of Nurse Anesthesia. Anesthetic Management for Liver Resection.

International Student Journal of Nurse Anesthesia. Neuromuscular Blocking Agents and the Laryngeal Mask Airway.

International Student Journal of Nurse Anesthesia. Anesthetic Considerations of the Pediatric Patient with Trisomy 21.

International Student Journal of Nurse Anesthesia. Anesthesia Consideration for the Patient with End Stage Renal Disease.